

8th Annual Greenway Sojourn 2010



DAILY ITINERARY

**JULY
17**
SATURDAY

SATURDAY, JULY 17, 2010

10am-4:30pm Check-in and take your sea-
bag to berth on the Battleship
New Jersey, Camden, N.J.
5pm **Mandatory**—Safety
briefing, fire drill & colors
6pm Dinner in mess decks
6:30pm Orientation
7:15pm Tour of ship
10pm Quiet, lights out

**JULY
18**
SUNDAY

SUNDAY, JULY 18, 2010

Miles: 30
Trail: **Schuylkill River Trail**
6:30am Reveille & breakfast
8am Colors (bring your seabag)
8:30am Mass start from battleship
Lunch ON YOUR OWN (Manayunk
or Conshohocken)
5-6:30pm Dinner on site
Overnight: Audubon Center
7pm Bat lecture

**JULY
19**
MONDAY

MONDAY, JULY 19, 2010

Miles: 40
Trail: **Perkiomen Rail-Trail**
7-8am Breakfast
11:30am-12:30pm
Bag lunch at Green Lane
Park
Overnight: Laurel Locks Farm
5-6:30pm Dinner on site with Fetzer
Wines
7pm Schuylkill River talk

**JULY
20**
TUESDAY

TUESDAY, JULY 20, 2010

Miles: 51
Trails: **Schuylkill River Trail,
Lehigh Gorge State
Park Trail**
7-8pm Breakfast on site
Lunch On bus at Burks County
Heritage Center
Overnight: Jim Thorpe, Pa.
Dinner ON YOUR OWN

**JULY
21**
WEDNESDAY

WEDNESDAY, JULY 21, 2010

Miles: Varied
Trails: **See the options on
reverse**
7-8am Breakfast on site
Lunch ON YOUR OWN
Overnight: Jim Thorpe, Pa.
5-8:30pm Dinner and music at Opera
House

**JULY
22**
THURSDAY

THURSDAY, JULY 22, 2010

Miles: 10
Trail: **Lehigh River Water
Trail**
7-8am Breakfast at museum/ball-
room
Lunch By raft vendor
Overnight: America on Wheels
Museum, Allentown, Pa.
5-6:30pm Dinner at the museum with
Fetzer Wines

**JULY
23**
FRIDAY

FRIDAY, JULY 23, 2010

Miles: 50
Trails: **Lehigh Canal, Delaware
Canal, Delaware &
Raritan Canal Towpaths**
7-8am Breakfast on site
Bag lunch Teddy Roosevelt Trailhead
Overnight: Bull's Island State Park, N.J.
5-6:30pm Dinner on site

**JULY
24**
SATURDAY

SATURDAY, JULY 24, 2010

Miles: 23
Trail: **Delaware & Raritan
Canal Towpath**
7-8am Breakfast on site
11am **Mandatory:** train tickets
11:30am-12:30pm
Bag lunch at museum
Tour N.J. State Museum &
Hessian Barracks
1:30pm First train to Camden
(1 hour ride)
2pm Second train to Camden
(1 hour ride)

WEDNESDAY OPTIONS

Wednesday will be the full day between our two overnight stays in Jim Thorpe. On this day, you can choose among several options (entrance fees have been reduced for Sojourners):

- ✿ sleep late
- ✿ take a 10-mile round-trip trail ride out to Mauch Chunk Lake for a swim
- ✿ take a coal car ride inside the No. 9 Mine (<http://no9mine.tripod.com>) in nearby Lansford, \$6. (bus ride to mine provided by RTC)
- ✿ tour the historic Asa Packer Mansion (www.asapackermansion.com) \$6.
- ✿ visit the Old Jail (www.theoldjailmuseum.com) \$5.
- ✿ and/or see other small museums and shops.

Lunch is on your own, and Jim Thorpe has lots of options in town. Or if you really enjoyed the ride through the Lehigh Gorge the day before, you can go back and hike some of the side trails. After all this, don't forget to save some energy for downtown evening entertainment and dinner at the Opera House.

The band Greencards (www.thegreencards.com) has been booked exclusively for the Sojourn!



GENERAL INFORMATION & SERVICES

Our information and services table will be staffed at each camp site from 4–7pm. If you need help at other times, please look for anyone wearing an orange safety vest.

FIRST AID

Come to the information tent or stop one of the medical staff in white jerseys with a red cross.

SPORTS EQUIPMENT

Frisbee, whiffle ball, soccer, etc. are available for use in the evening. Sign out at the information table.

QUIET TIME

As a courtesy to others camping nearby, quiet time begins at 10pm.

GEAR LOADING

Riders will load their own luggage into the 24' rental trucks each morning. Please load toward the back and stack. Trucks will be available for loading beginning at 7am and all gear must be loaded no later than 8:30am.

SAFETY REMINDERS

ON THE ROAD travel single file.

ON THE TRAIL, use no more than half the trail so as not to block other users.

WHEN STOPPING, move yourself and your bike completely off the trail before coming to a full stop. NEVER leave your bike on the trail. Beware of others approaching you from behind, and make sure they know you are pulling over.

WHEN RIDING, always wear your helmet, whether on the trail or on the road.