

BALTIMORE GREENWAY TRAILS NETWORK

Baltimore, Maryland

Building Healthy Places and Healthy Neighborhoods for All

PROJECT DESCRIPTION

The developing 35-mile Baltimore Greenway Trails Network builds off a 1904 vision by the Olmsted Brothers to weave the innate beauties and unique geography of the city into pedestrian and bike-friendly infrastructure. When complete, the world-class trail network—with more than 25 miles already on the ground—will connect more than 50 of the city's diverse and currently disconnected neighborhoods to anchor institutions such as universities, hospitals, museums, parks, schools and business districts.

Trails will strengthen many aspects of life for residents—including public health. In Baltimore, access to physical activity opportunities is low, while chronic disease rates are high—with obesity at 36 percent, high blood pressure at 85 percent and heart disease at 24 percent.^{1,2} This problem is compounded by the fact that while the city's existing layout is abundant with open space and parks, they are not accessible to all residents, of which more than 30 percent do not have access to a car.³ An equitable trail network will provide residents with new safe walking and biking connections to these spaces, encouraging increased opportunities for physical activity and exercise.

In some sections of the city, loss of industry and lack of public transportation options have led to high unemployment, with Baltimore's overall unemployment rate currently higher than the rate for Maryland. Residents have identified the ability to reach their jobs as the biggest barrier to staying employed, given the fragmented built environment and the fact that nearly 1 in 3 people don't own automobiles.

Welcoming all the city's neighborhoods into the planning process, the Baltimore Greenway Trails Network is a communitywide effort to address these critical concerns—and to provide new ways for people to move about the city and engage with each other in reimagined public spaces. As City Councilman Brandon Scott stated, "We have to invest in our parks and healthier lifestyles. [...] Those are the kind of things we can use to unify neighborhoods."



Druid Hill Park | Rails-to-Trails Conservancy

CAMPAIGN OVERVIEW

LEAD AUTHORITY:	Baltimore Greenway Trails Coalition, Rails-to-Trails Conservancy, Baltimore City, Southeast Community Development Corporation, Bikemore
TOTAL PROJECT COST:	\$19 million
FUNDING PLEDGED TO DATE:	\$3 million
FEDERAL:	\$2,250,000
LOCAL:	\$150,000
PRIVATE:	\$600,000
SHOVEL-READY:	1 year or less
TYPE:	Urban

TRANSFORMATIVE IMPACT

JOB CREATION

An estimated 323 jobs directly⁴

TRANSPORTATION

Will provide connections within neighborhoods, activity centers and the downtown core.

ECONOMIC IMPACT

Supports infill development of vacant brownfields to attract new residents and businesses. Encourages the creation of makerspaces and trailside businesses. Has the potential to increase property values and bring amenities requested by residents.

HEALTH IMPACT

The Centers for Disease Control and Prevention recommends combining **active transportation + land use** as an effective strategy to increase physical activity and lower rates of chronic disease.⁵ In a city with high rates of obesity, blood pressure and heart disease, building a trail network while increasing density will enable residents to be more physically active in a safe environment.

SOURCES

¹ Baltimore City, <https://health.baltimorecity.gov/sites/default/files/health/attachments/Baltimore%20City%20CHA%20-%20Final%209.20.17.pdf>

² Baltimore City, http://health.baltimorecity.gov/sites/default/files/HealthyBaltimore2015_May2016Update_web.pdf

³ Plan4Health, <http://plan4health.us/plan4health-coalitions/baltimore-md-baltimore-greenway-trails-coalition/>

⁴ Estimated at 17 jobs per \$1 million spent, according to a study commissioned by the American Association of State Highway and Transportation Officials (AASHTO) on American Recovery and Reinvestment Act (ARRA) job creation; jobs in terms of full-time equivalents.

⁵ The Community Guide, <https://www.thecommunityguide.org/findings/physical-activity-built-environment-approaches>