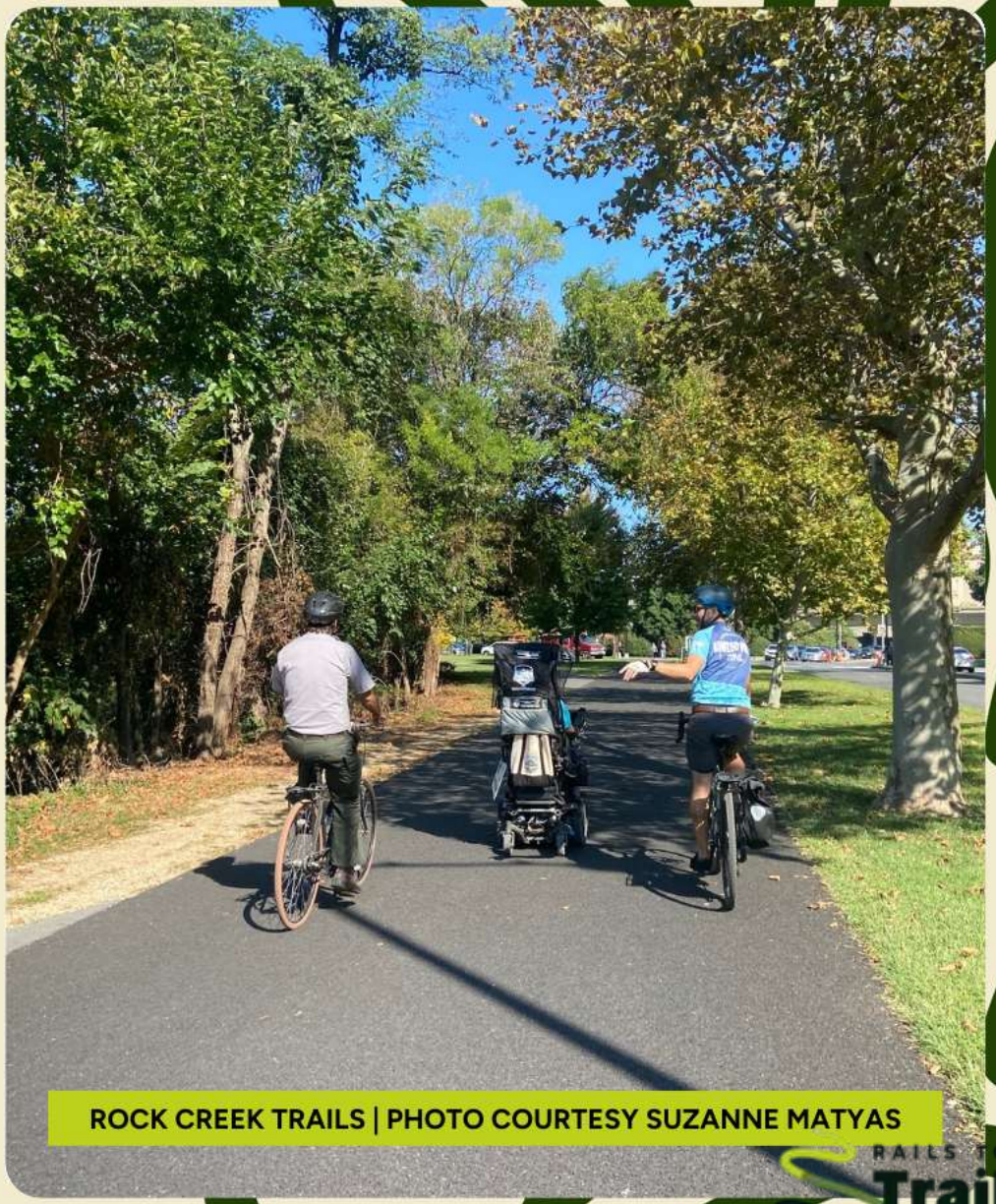
November 12, 2026

Online Dialogue - Beyond ADA:

Accessibility, Dignity and Choice on Multi-Use Trails



ROCK CREEK TRAILS | PHOTO COURTESY SUZANNE MATYAS

RTC is a certified AICP CM provider

To log your credits, Go to APA's website, planning.org/cm and search for:

Beyond ADA: Accessibility, Dignity and Choice on Multi-Use Trails

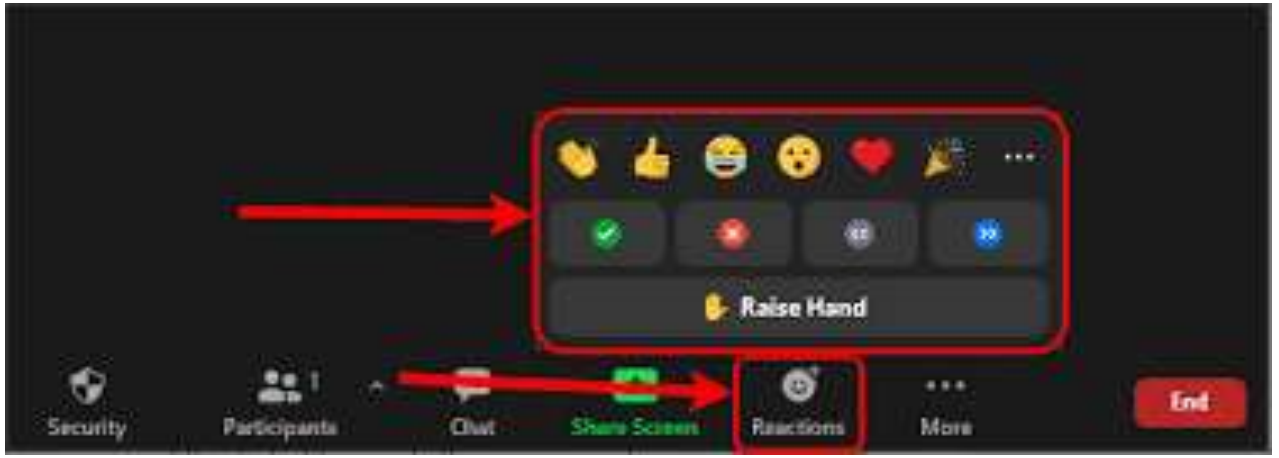
Event # 9337398

*AICP members **who view this event live** are eligible for 1.0 CM credit*

Agenda

1. Welcome & Housekeeping
2. Speaker Presentations
3. Breakouts (15 minutes)
4. Large Group Discussion
5. Wrap up & Evaluation Survey

Today's Tools



- Please update your name in Zoom to include your name, state, and affiliated organization

  Ex. Yvonne Mwangi, D.C., Rails to Trails Conservancy

- Use the CHAT box to interact with attendees
- Use the Q&A box to pose questions for the Q&A session
- Please remember to MUTE yourself to minimize distractions for others.
- We'll use BREAKOUT ROOMS to gather in small peer groups. These will be automatically assigned.
- Use the RAISE HAND feature during large group discussion to signal your intent to speak
- You can use REACTIONS during the discussion

Resources

Trail-Building Toolbox: ACCESSIBILITY



PREVIOUS WEBINARS:

- Accessibility on Rail-trails and other Shared Use Paths
- Accessible and Inclusive Events and Programs on Multiuse Trails
- Resources for Improving Accessibility on Multiuse Trails
- Celebrating Trails for People with Intellectual Disabilities: Programming, Accessibility and Sensory Guidance from Special Olympics Athletes and Programs

Speakers



Danielle Fitzmorris

Manager of Therapies, Prisma Health Roger C. Peace Adaptive Sports & Wellness Center (Greenville, SC)



Kristen Wilkinson

Environmental Planner, Natural Areas and Trails Division, Culture, Parks & Recreations Department (Greeley, CO)



Kelsey Devereaux

Accessibility Consultant, Every Body Outside Consulting (Greeley, CO)

Roger C. Peace Adaptive Sports & Wellness Center

Beyond ADA: Accessibility, Dignity and Choice on Multi-Use Trails

Danielle Fitzmorris – Manager of Therapies

PRISMA HEALTH®

Prisma Health Swamp Rabbit Trail

- **32-mile** multi-use greenway in Greenville County, South Carolina,
- **Railroad-to-Recreation Transformation**
- **Built on a Historic Rail Bed:** The trail follows the abandoned bed of the Greenville and Northern Railway—historically nicknamed the "Swamp Rabbit" after the native, water-swimming rabbit species that once thrived along the route.
- **Flat and Accessible Grade:** Because it follows a former train track, the path maintains a relatively gentle, easy grade ideal for all fitness levels, families with strollers, and casual walkers.
- **Direct Downtown & Campus Integration**
  - **Downtown Link:** Unlike many rural rail-trails, it transitions seamlessly from quiet woodlands, and nature preserves straight into urban centers like downtown **Greenville** and **Travelers Rest**.
  - **Furman University Campus:** The trail cuts directly through the heart of Furman University's scenic campus, winding around a 40-acre lake complete with a bell tower and fountains.
  - **Iconic Landmarks:** It connects major local attractions including **Falls Park** (featuring the 355-foot Liberty Bridge over the Reedy River), **Unity Park**, and the **Conestee Nature Preserve**.

Roger C. Peace Adaptive Sports & Wellness Center

- Large Adaptive Sports Program
- Located within Unity Park and directly on the Swamp Rabbit Trail
- Opened in August of 2024
- Outpatient PT/OT/ST/RT
- Wellness Classes for people with disabilities
- Adaptive Bike Rentals/Rides

Facility Adaptations

- Garage door
- Ramp for riders to have direct access to the trail – ramp end more than needed
- Located near a turn around
- Building is fully accessible
- Doorbell for returning riders
- Accessible bathrooms

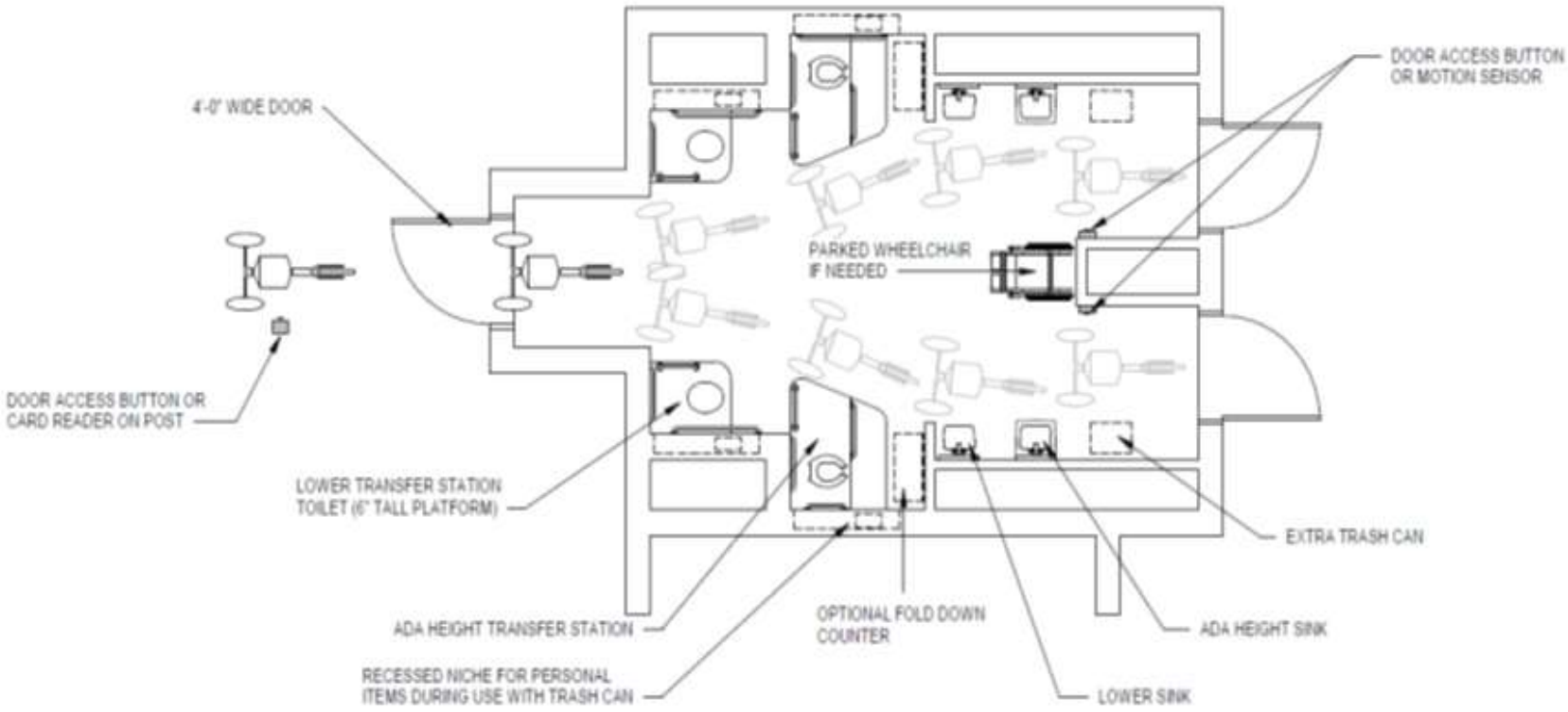
Partnerships

- Greenville County Parks and Recreation
  - Implementing 2.5 ft push buttons for riders to reach on adaptive bikes - 19 ft turnaround points
  - No bollards placed on trails
    - City of Greenville is removing bollards for safety and accessibility



- Carolina Triathlon
  - Bike maintenance for adaptive bikes that some bike shops are unaware of how to fix
  - Providing awareness to community members of services and adaptive bikes

- Furman University
  - Along with Greenville County Parks & Recreation – working on an accessible bathroom for adaptive riders to enter and exit without requiring their wheelchair
    - make the full construction drawings available to everyone so they can build in their community while saving the design and construction drawing costs.


4'-0" WIDE DOOR
DOOR ACCESS BUTTON OR CARD READER ON POST
LOWER TRANSFER STATION TOILET (6" TALL PLATFORM)
ADA HEIGHT TRANSFER STATION
RECESSED NICHE FOR PERSONAL ITEMS DURING USE WITH TRASH CAN
PARKED WHEELCHAIR IF NEEDED
OPTIONAL FOLD DOWN COUNTER
LOWER SINK
ADA HEIGHT SINK
EXTRA TRASH CAN
DOOR ACCESS BUTTON OR MOTION SENSOR










Roger C. Peace
Rehabilitation
Hospital



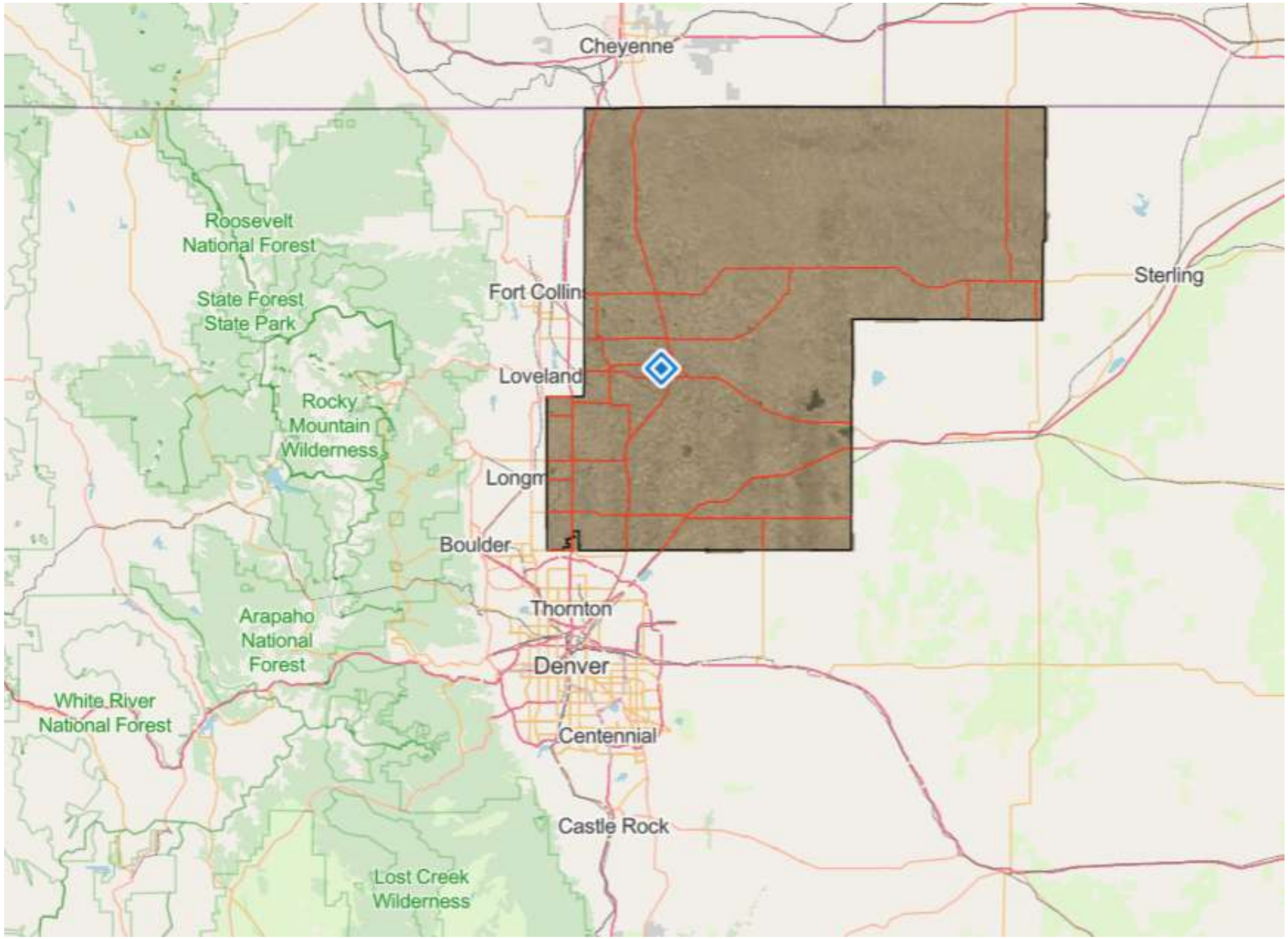
- Smallest Accommodations
  - Community awareness and education
  - Getting out and about with adaptive bikes to find things that can easily be changed
    - Benches, trail edges, bollards, bathrooms, signage, etc
  - Planning ahead
    - Working with other community partners to share expertise and advise
    - Saves on budget

PRISMA HEALTH®

PrismaHealth.org

Beyond ADA: Accessibility, Dignity and Choice on Multi-Use Trails

Kristen Wilkinson, City of Greeley Natural Areas and Trails Division
Kelsey Devereaux, Every Body Outside Consulting


Cheyenne
Roosevelt
National Forest
State Forest
State Park
Fort Collin
Sterling
Loveland
Rocky
Mountain
Wilderness
Longm
Boulder
Thornton
Arapaho
National
Forest
Denver
White River
National Forest
Centennial
Castle Rock
Lost Creek
Wilderness



Project Overview





Audit Approach



- Trail Assessment focused on “Hard Spots” for 15 miles of trail
  - Forest Service Trail Accessibility Guidelines (FSTAG)
- Trailheads
  - Outdoor Accessibility Tool (OAT)
  - Forest Service Outdoor Recreation Accessibility Guidelines (FSORAG) for trailheads
  - Americans with Disabilities Act (ADA)

Forest Service Trail Accessibility Guidelines (FSTAG)

Running Slope	< 5%
Cross Slope	< 5%
Width	> 36 in*
Obstacles	< 2 in; gaps < ½ in
Surface Type	Firm and stable

SUMMARY SHEET - USER EXPERINCE - **MOBILITY**

Natural Area Audited:_____ **Audited By:**_____

Audit Date:_____

	Requirements of Accessible User Experience
1	Parking
2	Signs & Features
3	Trails
4	Facilities

Parking

	Requirement Description	Score	User Experience - Comments From Score Sheet
1	Dedicated number of accessible parking spots		
2	Parking area surface slope and material		
3	Width and length of parking spaces		
4	Parking spot marking i.e. painting, upright sign		
5	Ease of accessing the trail from the accessible parking spots		#REF!
6	Obstacles		
7	Drop-off space		

Outdoor Accessibility Tool

Community Engagement





Accessible Trail Checklist

1. **Parking -** Are there enough accessible parking spots? Are the spots wide enough for ramps and lifts? Is the path from the parking lot easy to navigate?

   _____
   _____
   _____
   _____
   _____

2. **Facilities**
   - Bathrooms **-** Is it easy to get to and use? Does it have what you need (ex. grab bars, hooks, etc)

     _____
     _____
     _____
     _____
   - Picnic Tables and/or Shelter **-** Can you easily get to and use the picnic table?

     _____
     _____
     _____
   - Benches **-** Is it easy to get on/off the benches? Would a different design work better for you? Are the benches placed in good spots?

     _____
     _____
     _____
     _____

3. **Signs and Features**
   - Trash Cans, Dog Bags, Maps and Brochures - Are they easy to reach and use? Are they placed where you need them?

     _____
     _____
     _____
   - Trailhead Signs - Does the sign have key info like a map, distances, features, and difficulty? Is there anything else that would be helpful to add?

     _____
     _____
     _____
     _____

4. **Trails -** Does the trail feel accessible based on the slope, width, and surface? Are there enough places to rest? Is there anything you would add or change?

   _____
   _____
   _____
   _____
   _____

Results Themes







Next Steps





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Kelsey Devereaux, PT
970-286-7769
everybodyoutsideconsulting@gmail.com



City of Greeley Colorado

Individuals and Organizations

- STARS Steamboat Springs
- Disabled Hikers, Seattle based nonprofit
- Topher Downham, Omni Accessible
- Jenny Siegle, advocate and wheelchair user
- Jim Mull, full time wheelchair user
- Gem Hubbard @Wheelsnoheels_
- Quinn Brett @Quinndalina
- Matthewandpaul
- No Barriers USA
- Paradox Sports
- ROMP global
- Catarina Rivera @Blindishlatina
- Outdoors for All
- CoorDown
- Sassy Wyatt @Sassywyattofficial
- National Ability Center
- Bloom Jude Novak @Howbloomrolls
- First Descents
- Annijke Wade @Geodesicdome
- High Fives Foundation
- Inclusive Outdoors Project
- Adaptive Adventures
- @cripplepunkalliance
- The Traveling Gnomes
- AlwaysChooseAdventures
- Foothills Gateway

Breakout (15 minutes)

- What's the smallest thing you can do to make your trail more accessible and inclusive for people with disabilities?
- How do you currently learn from trail users with disabilities and what might you do differently? Brainstorm individuals or organizations that you might be able to partner with in your community.
- Thinking about the barriers to accessibility in your trail network, what needs to change for those to be overcome?

RAILS TO Trails conservancy

Large Group Discussion

Join the TrailNation Collaborative!

Upcoming Events:

11/18 - State Legislative Landscape: Building Your 2027 Agenda for Walking, Biking and Trails (webinar)

12/3 - Successes and Missed Opportunities: How to Make Your Community a Federal Funding Winner (online dialogue)